



SHAM-ROXZ VOLLEYBALL

Parent / Player Handbook

WWW.SHAM-ROXZVOLLEYBALL.NET

Sham-Roxz Volleyball, Inc

PO BOX 2699

Stuart, FL 34995

SHAM-ROXZ VOLLEYBALL

Mission: Sham-Roxz is a club where young athletes can develop their volleyball skills in a safe, fun and educationally sound environment. At Sham-Roxz, we expect every participant to have a positive experience including athletes, parents and coaches. Sham-Roxz will help the athlete reach their full potential in all aspects of their game as well as their life skills.

The Sham-Roxz Club:

Sham-Roxz is a young new volleyball club inspired and directed by Coach Joe Keenan. Coach Keenan has been involved coaching middle and high school, as well as club volleyball for over 11 years in the Florida area and is well known and respected. Coach Keenan possesses a genuine enthusiasm and passion for volleyball that is contagious.

Sham-Roxz volleyball will serve the counties of Martin, Palm Beach and St. Lucie as well as surrounding areas. The club is entering the first full season with the commitment to challenge young athletes and prepare them for their future on and off the court.

With the dedication of experienced Coaches and the enthusiasm of volleyball in the Treasure Coast area, Sham-Roxz Volleyball strives to be the best. The club will support the teams whether they win or lose while encouraging the aspects of leadership and teamwork.

Sham-Roxz teams

10's-18's's

The top 9 players will be chosen after tryouts. They will have 2 to 3 practices a week. They will participate in 8 tournaments. Out of state prequalifiers will be considered depending on scheduling. This program is geared for the serious athlete who makes sacrifices for their progress, team, and their sport. They also will be competing against the best competition our country has to offer.

10's

The 10's will have 2-3 practices a week. This is a developmental team designed to teach basic volleyball skills as well as sportsmanship and the team experience while still enjoying the game. They will be participating in 5 tournaments throughout the season.

SHAM-ROXZ VOLLEYBALL

PRE-REGISTRATION & TRYOUT INFORMATION

Updated information will be available on the web site under sign up to play

Registration Requirements: Bring to tryouts or pre-registration Must be done before tryouts

- * You must register online with USAV (www.usavfl.org)
- * You must register online with AAU (www.aausports.org/sprt_Volleyball.asp)
- * You must register on the www.sham-roxzvolleyball.net web site as a player
- * Provide proof of registration with USAV and AAU (**2 copies of cards each**)
- * Sham-Roxz player information sheet
- * USAV 2009 Medical Release form, notarized, (**2 copies**) found online when registering for USAV
- * Sham-roxz tryout sheet
- * Sham-Roxz photo release form
- * Birth Certificate (**2 copies**) if new to the club
- * Try out fee, non-refundable
- * A deposit check payable to Sham-Roxz Volleyball. This check will be held and returned to any player who does qualify for a team with Sham-Roxz Volleyball. No refunds after commitment date.

Age requirements for playing divisions

Please consult www.usavfl.org for updated age requirements for youth and junior players. Players can play up but not allowed to play down an age level. Coaches determine what age group would be most beneficial for play

PROPOSED TOURNAMENT SCHEDULE

TOURNAMENT	DATES	LOCATION
MLK TOURNAMENT	January	Orlando
PRES. DAY	February	Orlando
ASICS OVA INVITE	Feb/March	Orlando
CLOVER LEAF	March	West Palm or Ft Lauderdale
DISNEY CLASSIC	March	Orlando
BIG SOUTH	March/April	Atlanta
USAV REGIONALS	April	Orlando
TAMPA SLAM	April	Tampa
AAU NATIONALS	June	Orlando
USAV JUNIOR OLYMPICS	Late June	TBD (If Qualified)

SHAM-ROXZ VOLLEYBALL

BOARD OF DIRECTORS & STAFF

Joe Keenan - Director
Arden Bradley - Administrator
Larry Pittman - Treasurer
Dani Collin - Gym Coordinator
Maureen Goodwin
Nathan Washer
Ed Cyr

Website Coordinator: Allie Bradley

SHAM-ROXZ VOLLEYBALL TRAVEL, TENTATIVE TUITION AND FEES

All players will be staying in hotel rooms with parents. Players must be available during the weekend for team meetings as needed. As the Coach checks the team in for the tournament, there may be a need to hand out wristbands or any last minute details or changes concerning play time or location the following day. It is strongly recommended that all families stay in the same hotel. This makes things easier on the Coach or team parent for contacting players with any last minute changes. If your family is not staying at the Club hotel, make sure the team parent or Coach knows so they are not waiting for your player to leave for the gym.

Everyone will need to make their own travel arrangements for tournaments and any out of state tournaments arriving with ample time before match play begins.

POLICIES: Coaches will meet with teams to discuss team rules. They will issue a curfew for tournament weekends to insure players get enough sleep. While in the hotel, players are reminded of the code of conduct and to act accordingly. If a player is caught breaking these rules, player, parents and staff will meet to determine the best course of action.

TUITION FEES and DUE DATES

Updated information on tuition and fees is available on the website under Tuition and Fees

*\$75 discount if total fee paid in full by 12/20 of registration year

*10% late payment fee applies after 25th of the month

*Non-payment will result in athlete's removal from the team unless prior arrangements made

*Scholarships are available for those who qualify.

*Fundraising will also be instituted to decrease overall club costs.

Please make checks payable to SHAM-ROXZ Volleyball. Please do not give checks to the Coaches. Or you can pay online with a credit card at www.paypal.com. Just go to www.sham-roxzvolleyball.net

10 Guidelines for Being a Positive Player/Parent

1. Cheer your player on, be supportive of the team as a whole, and do it without judging the Coach or teammates.
2. Many things will aggravate you that do not even faze your player. Do not make something into an issue if it is not an issue.
3. Encourage your child to seek their own answers. Coaches respect players who come to them and privately question their play time or role; immediately indicates they want more.
4. Understand the rules of the game and the Coach's philosophy.
5. Do your physical part as a parent. Get your child to practice on time and pick them up promptly. Demonstrating responsibility and commitment can be incredibly effective.
6. Positions and talent sometimes do not match up. Coaches attempt to do what is best for the team, putting the best rotation on the floor. All matches are different, so some players might be repositioned to strengthen the team. A parent's positive outlook will go a long way in helping your child adjust to a new role. Stay positive, and your child will flourish.
7. If you have real concerns, and your player has attempted unsuccessfully to work things out with the Coach on her own, schedule a meeting with the Coach and your child so that issues at hand can be discussed. If you are trying to resolve a problem, help your player by being a role model in the problem solving procedure.
8. Approaching a Coach after a tough match is better served after all parties have had a chance to cool off. Most Coaches are highly competitive, and just like players, do not like to be confronted after tough games.
9. Criticism is contagious and often hurtful. The damage you do could be irreversible. Please think before criticizing any Ref., Coach, Player or Club.
10. The heart of the game is due to a positive attitude on and off the court. Success is driven by the positive acts of parents, players, Coach and Club.

Sham-Roxz Volleyball By-Laws

Article 1-Name

1.1 Name. The name of the organization is Sham-Roxz Volleyball and referred to in these Bylaws as the "Club" or "organization" or "Sham-Roxz."

Article 2-Purpose and Mission

2.1 Purpose. Sham-Roxz is a club that will help the athlete reach their full potential in all aspects of their game as well as their life skills.

2.2 Mission. Sham-Roxz is a club where young athletes can develop their volleyball skills in a safe, fun and educationally sound environment. At Sham-Roxz we expect every participant to have a positive experience including athletes, parents and Coaches.

Article 3 -Membership

3.1 Voting Members. Voting members shall be the Board of Directors and Staff of Sham-Roxz Volleyball Club.

3.2 Termination. The Board of directors may terminate any membership in the club with a majority vote at a properly scheduled Board of Directors Meeting.

3.3 Appeal Process for Termination of Membership. A former member of the club who has been terminated by the guidelines set forth in Article 3.2 shall have the right to due process. The former member may appeal such termination to the Executive Committee of the Board of Directors. The Executive Committee of the Board of Directors (excluding petitioner) Shall have the authority to take any of the following courses of action: reinstate membership immediately, with or without conditions; reinstate membership at the end of a specified period of time; or impose a permanent termination of membership that may be reviewed at the end of each season.

Article 4-Player Membership and selection

4.1 Player Membership. Players shall be assigned to teams by competitive tryout with selection determined by Coaches and Board of Directors.

Article 5-Club Administration

5.1 Officers. The elected officers (the Board of Directors) shall serve on the survey, uniform and tournament committee. They will act in accordance with the purpose and objective of the Club and shall manage the affairs of the Club. The Board shall consist of the officers and appointed staff.

5.2 Duties of Officers. The duties of the Officers shall be as follows:

Director:

- *Preside over meetings of the General Membership and the Board of Directors.
- *Provide direction to the Club to fulfill the Club's purpose expressed in Article 2.1.
- *Prepare the agenda for each meeting and conduct all meetings
- *Make all committee and other volunteer appointments, subject to approval of the Board.
- *Assist in preparing the annual budget.
- *Co-Sign checks and sign contracts with the approval of the Board on a case by case basis.
- *Serve as a liaison between the club and both the USAV and AAU regional offices.

*Ensure that all known club policies, state, federal non-profit status policies, AAU and USAV policies are followed by the Club.

*Serve as a Chairperson of the Survey Committee.

*Oversee content of the Website.

*Oversee Tournament committee.

Administrator:

*Register players and Coaches with AAU and USAV.

*Register teams for approved tournaments

*Assist coordination of ordering and distributing approved uniforms.

Support and assist the Director in his/her duties.

*Manage internal and external communications, including organizing and maintaining Club email site.

*Record all decisions and actions at meeting, maintain records, and distribute minutes to voting members.

*Co-sign checks as needed.

*Maintain records of the membership

*Coordinate registration and try outs

Treasurer

*Open and maintain such bank accounts as necessary to carry out the business of the Club. Opening a club bank account shall require the signature of the Director, Administrator and Treasurer of the Club.

*Collect dues and other funds and contributions and deposit on a timely basis.

*Notify member of past-due balances in a timely manner and give a report to the Board of Directors on a monthly basis.

*Pay all bills for the club and handle all other disbursements required for the club.

*Chair the Finance Committee.

*Assist in preparing the annual budget.

Prepare and deliver a financial report at each general membership meeting and at each Board of Directors meeting.

*Prepare and file any necessary tax forms.

5.3 Standing Committees. The Board shall determine the number and purpose of all special and standing committees required to achieve the purposes of this club. The following standing committees may be needed for the efficient operation of the club. The Board will form other committees as needed.

*Fund-raising

*Tournament

*Hotel and travel

*Team Parents

*Survey Committee

*Uniforms

5.4 Board Meetings. The board shall meet at intervals appropriate to the needs of the Club. A Board meeting may be called by the Director or by any officer. A quorum consisting of the Director, Administrator and at least two officers shall be required to conduct business. Members may vote by any method approved by the Board.

Article 6 Finances and Dues

6.1 Fiscal Year. The fiscal year of the Club shall commence on _____ of each year and shall conclude on _____ of the following year.

6.2 Dues. Each member shall pay dues as set forth by the club. The Club shall pay AAU and USAV registration fees for Coaches. Refunds will not be issued once a player has accepted a position on a team. Exceptions to this rule, such as health issues or financial hardship will be Board reviewed on a case by case basis in which case the Board may vote to issue a refund for these extenuating circumstances. Failure to make timely payments as set forth by the Board may result in late fees and/or suspension or termination of Club membership.

6.3 Donations to the Club and Teams. The Board will determine the appropriate use of all donations.

6.4 Fund-raising. All Club fund-raising efforts must be approved by the Board. A committee will be established to work on several ongoing projects.

6.5 Scholarships. The Club will offer financial scholarships to members who demonstrate a financial hardship. Scholarship requests will be reviewed on an individual basis by the Board, which will approve or deny and determine the amount of the scholarship. If approved, a letter of commitment must be signed by the player and family and they must take an active part in all fund-raising activities. Scholarships will be paid with sponsor donations and fund-raising monies. Any family requesting scholarship assistance must still pay the tryout fee and initial payment of \$300.

6.6 Travel Reimbursements. Coaches hotel rooms for tournament weekends will be covered by the Club. Coaches travel arrangements and hotel to out of state tournaments will also be arranged and covered by the Club. Coaches will be paid a flat rate for expenses each tournament.

Article 7-TAX EXEMPT STATUS

7.1 Not for Profit Organization. It is intended that the club be an organization which is exempt from taxation and to which donations are deductible for income and estate tax purposed under provisions of section 501(c)(3) of the Internal revenue code of 1986 as an affiliate of the American Amateur Athletic Union, as amended, and the corresponding provisions of subsequent United States Internal revenue Laws. The organization shall not carry on any activities not permitted by an organization exempt from Federal income tax under Section 501(c)(3) or any future United States Internal Revenue laws. This includes, but is not limited to, the following items. A copy of the current tax code applicable to tax-exempt organizations will be kept on file with the Club Secretary and Treasurer.

- A. No part of the net assets or earnings of the club shall be used for the benefit of any private individual, firm or organization.
- B. The club shall not take part in any political campaign or legislation.
- C. Income shall be distributed to abide by Section 4942 of the Internal revenue code of 1986 or the current code.
- D. The club shall not participate in or permit self-dealing, as defined in Section 4941(d) or any future revised provisions.
- E. The club will not make any investments that would impose a tax as defined in Section 4944 or any future revised provisions.
- F. No excess business holdings shall be retained as defined in Section 4943(c) or any future revised provisions.
- G. The club will not make any taxable expenditures as defined in Section 4945(d) or any future revised provisions.
- H. In the event of dissolution, all assets shall be distributed to an organization that are exempt from taxation under Section 501(c)(3) or the current provision. The choice of such organization(s) will be selected by the Board of Directors.
- I. All officers of the club shall be protected from personal liability as fully as permitted by the current tax code.

ARTICLE 13-AMENDMENTS

13-1 Amendments to the By-laws. Changes to these By-laws require a majority vote of the voting members who are present at any general membership meeting or any other method approved by the Executive Committee, provided that the current text and amended text is provided to the members not less than seven days to voting.